

Talisker Initiates Regional Geochemical Program at Spences Bridge Gold Belt, Identifies Four Epithermal Vein Systems and Porphyry Style Mineralisation

Toronto, Ontario, June 12, 2019 - Talisker Resources Ltd. ("Talisker" or the "Company") (CSE:TSK) is pleased to announce that the Company has initiated its extensive Phase I Geochemical Program on their 100% owned claims covering the majority of the Spences Bridge Gold Belt. A team of 22 geologists is executing the 4,500 sample program, collecting silt fraction (177µm) samples from first and select second order drainage basins. As a parallel part of the program the team is also mapping alteration and lithology of drainage courses and reviewing existing mineral occurrences and historical government stream anomalies.

"This program represents the largest systematic greenfields exploration program ever conducted over the Spences Bridge Gold Belt and one of the largest in British Columbia by a Junior explorer", commented Terry Harbort, President & CEO of Talisker who added, "Our encouraging early success in identifying four areas with outcropping epithermal veins and one with porphyry style mineralisation reinforces that 'Boots on the Ground' is one of the most productive exploration techniques."

The Company has scheduled an update call for interested parties at 11:30 am ET on Wednesday, June 12, 2019 hosted by Terry Harbort, President & CEO. To participate, click on the link below.

<https://www.gotomeet.me/talisker-resources>

Call in details will be available once you log in.

About Talisker Resources Ltd.

Talisker Resources Ltd. is a junior resource company involved in the exploration and development of projects in British Columbia, Canada. Talisker's projects consist of several early to advanced stage projects. The Toadoggone projects located in the prolific Golden Triangle include the past producing Baker Gold/Silver Project, the Shasta Mine and Baker mill infrastructure and equipment, the Chappelle (Baker and Multinational Mines) Property, the Mets Lease and the Bot Property. South Central B.C. projects include the Tulox Property, the WCGG Properties, and the Spences Bridge Regional Program, a 226,881 hectares land package covering 70% of the Spences Bridge Gold Belt.

For further information on this press release, please contact Terry Harbort, Chief Executive Officer of Talisker at terry.harbort@taliskerresources.com.

Qualified Person

Luis Arteaga M.Sc. P.Geo. Exploration Manager for Talisker and the Company's Qualified Person as defined by NI 43-101 has reviewed and approved the technical information in this news release.

Forward-Looking Statements

Certain statements contained in this press release constitute forward-looking information. These statements relate to future events or future performance. The use of any of the words "could", "intend", "expect", "believe", "will", "projected", "estimated" and similar expressions and statements relating to matters that are not historical facts are intended to identify forward-looking information and are based on Talisker's current belief or assumptions as to the outcome and timing of such future events. Actual future results may differ materially. In particular, this release contains forward-looking information relating to, among other things, the listing of the common shares of Talisker on the CSE. Various assumptions or factors are typically applied in drawing conclusions or making the forecasts or projections set out in forward-looking information. Those assumptions and factors are based on information currently available to Talisker. Although such statements are based on reasonable assumptions of Talisker's management, there can be no assurance that any conclusions or forecasts will prove to be accurate.

Forward-looking information contained in this news release is based on certain factors and assumptions. While Talisker considers these assumptions to be reasonable based on information currently available to them, they may prove to be incorrect. Forward looking information involves known and unknown risks, uncertainties and other factors which may cause the actual results, performance or achievements to be materially different from any future results, performance or achievements expressed or implied by the forward-looking information. The forward-looking information contained in this release is made as of the date hereof, and Talisker is not obligated to update or revise any forward-looking information, whether as a result of new information, future events or otherwise, except as required by applicable securities laws. Because of the risks, uncertainties and assumptions contained herein, investors should not place undue reliance on forward-looking information. The foregoing statements expressly qualify any forward-looking information contained herein.